



Alameda County Public Health Department / Maternal, Paternal, Child and Adolescent Health Unit

Behavioral Health Clinician II/
Mental Health Specialist – (1 FTE)

General Responsibilities

Under the direction of the Supervising Behavioral Health Clinician, this position provides mental health brief therapy interventions, clinical case management, and consultation to Maternal/Paternal Child and Adolescent Home Visiting clients and staff members of the Nurse Family Partnership, Fatherhood Initiative, Black Infant Health, Healthy Families America and the Alameda County Healthy Start Initiative. This position will promote community mental health interventions; consultation to a multidisciplinary team of home visiting professional and paraprofessional staff to address mental health and other health care needs and service delivery to high-risk clients; assists with planning, development and implementation of Family Health Programs; provides inter-professional consultation; conducts and plans psycho-educational activities; support joint case conferences, consultation model, training and support to the Home Visiting Family Support System of Care including maximizing quality health care services to children, mothers/fathers and families; provides resources, referrals and linkages to mental health services and developmental linkages for both targeted high risk populations and program eligible populations through mental health consultation, inter-agency coordination and staff training.

This position coordinates with various entities within the Alameda County Public Health Department as well as the community to maximize quality health care services to vulnerable children, mothers/fathers and families; provides resource development for both targeted high risk populations and program eligible populations through professional clinical/mental health consultation, inter-agency coordination and staff and provider training. This position requires the ability to be a team player and a self starter with multidisciplinary teams of diverse staff members; sensitivity to cultural diversity, and a strong ability to support emotionally charged case scenarios while home visiting in complex communities. This position works in coordination with other Mental Health Clinicians and individual must have the ability to work as a team member.

This position requires knowledge of early childhood mental health, social, emotional and behavioral aspects of mental health; trauma informed care; perinatal mood and anxiety disorders, typical and atypical child development, reflective practice; maternal child health; knowledge of pertinent public welfare legislation and functions of county social services agencies to the prenatal and postpartum population to ensure access and services for this high-risk population; as well as, case management and other techniques of brief therapy with families, couples, groups and individuals, including young children and community resources in the field of mental health.

Specific Duties

Under the general direction of the Supervising Behavioral Health Clinician, the Mental Health Specialist is responsible for the following activities with a particular focus on Medi-Cal eligible and Medi-Cal insured

children and families in the Family Support/Home Visiting System of Care and in Alameda County's perinatal population:

1. Provides mental health, trauma informed interventions including meeting individually and in a group format with high risk pregnant, postpartum, interconceptional women with young children who are primarily Medi-Cal Eligible (50%). This includes a caseload of 20-25.
2. Provides regular mental health consultation and technical assistance specifically to 1-2 of the following perinatal home visiting programs: Nurse Family Partnership, Fatherhood Initiative, Black Infant Health, Alameda County Healthy Start Initiative-- and Healthy Families American programs(30%). This time includes participating incase review team meetings, case conferences and providing any training request for these programs.
3. Joins with existing teams-programs and learns current models of service delivery, while maintaining an ability to adapt to changing evolution of Home visiting Integration process.
4. Prepares case reports; MAA documentation, intake documents, treatment plans, progress notes and treatment summary related information as required by the program; prepares correspondence regarding social evaluation of client, client follow up and related matters; keeps required statistics (time included in 50% of #1).
5. Participates in the Multidisciplinary Team for the Home Visiting Family Support System of Care which will include offering joint case conferencing, training, technical assistance trauma informed care group interventions and consultation regarding substance abuse related or mental health related issues to all home visiting programs for best practice skill building and enhanced client services.(10%)
6. Monitors and implements perinatal/interconceptional mental health best practices based on current trends and latest research. (5%)
7. Provides inter-agency coordination to assure appropriate service utilization and avoid duplication of services.
8. Follows standard protocols, policies and procedures for mental health related services for all home visitors in the Home Visiting System of Care.
9. Develop linkages and studies the gaps in mental health services for pregnant women and new mothers.
10. Review technical literature, research articles relating to early childhood mental health and other MPCAH reports.
11. Promote improved collaboration and education of home visiting agencies serving high-risk pregnant, postpartum and interconceptional women.
12. Other duties as assigned