

2019 CA Project LAUNCH

Welcomes You to Engage in Program Support Opportunities



- **Monthly Reflective Community of Practice Supports** - The purpose of this monthly call is to provide support for the mental health consultants, medical social workers and program managers involved in the implementation of Project LAUNCH at the local level. The focus of the call is to think together and engage as a Community of Practice (COP). We will all grapple with the various issues, successes and concerns associated with implementation of the Mental Health Consultation model through California Project LAUNCH. **Meetings will occur on the 4th Tuesday of the month from 9-10 AM.** The facilitators are Ayannakai Nalo, Rita Lang and Lilia Rodriguez.
- **One hour of Reflective Consultation**- This option and as needed opportunity will offer one hour of reflective consultation for the local Mental Health Consultants by the LAUNCH Mental Health Consultant or the Alameda County Mental Wellness Manager, Rita Lang. Appointments can be made by scheduling directly with the Mental Health Consultant or Ayannakai Nalo. Contact information is listed below.
- **Zoom/In person Case Conference Trainings**- The case conference trainings will focus on topics identified by each site and are of importance to the Expansion sites. The trainings will occur during a time when home visitors and Mental Health Consultants meet together. All Expansion Site Staff is welcome to participate. These training/meetings are open to all staff participating in CA Project LAUNCH site case conference meetings. The Technical Assistance and Training Team will facilitate these trainings. **Meeting logistics to be addressed with each site with the Mental Health Consultant**
Sample training topics include:
 - ✓ Strategies to Assist Home visitors cope with Secondary Trauma and Traumatic Stress
 - ✓ Team Building Activities to Motivate and Support Team Members
 - ✓ Social and Emotional Development of Young Children
 - ✓ Reflective Supervision/Practice
- **Training session with Project LAUNCH Expansion grantees (TBA)**

For More Information Contact Your Program Manager or a Project LAUNCH TA Member:

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